

FINSWIMMING "Round 3"
CMAS WORLD CUP
★ XXII INTERNATIONAL GIANNI GAMBÌ PRIZE ★



CMAS
CONFEDERATION MONDIALE
DES ACTIVITES SUBMARIQUES
WORLD UNDERWATER FEDERATION

29th – 30th March 2008
Italy - Ravenna



PARTICULAR REGULATION

1 -DENOMINATION:

The club **a.s.d. BLU ATLANTIS AVIS Ravenna** with the agreement of F.I.P.S.A.S. and C.M.A.S. will organize the "CMAS WORLD CUP 2008" Round 3, an International Finswimming Competition will be held in Ravenna the 29th and 30th of March 2008, valuable also for the "XXII INTERNATIONAL GIANNI GAMBÌ PRIZE".

2 – PARTICIPATION RULES AND RACES:

The competition, in accordance with the Finswimming International Regulation, World Cup Rules and this Particular Regulations, includes the following races and categories:

- **Senior (Cat. A)** (18 years old and over)
M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 relay.
- **Junior (Cat. B + C + D)** (12/17 years old)
M/F: 50ap, 50sf, 100sf, 200sf, 400sf, 800sf, 50bf, 100bf, 200bf, 100im, 4x100 relay.

* *Swimming style: ap= apnea; sf= surface; im= immersion; bf= bifins*

CMAS World Cup Rules: Each competitor can take part in a maximum of three (3) individual races and one (1) relay. Each team can enrol a maximum of two swimmers for each individual race. Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **National Federation Licence and CMAS International Sport Licence**.

It is possible to take part in races of the immediately upper category, but the swimmer cannot compete on the same distance in two different categories. The clubs need to send the agreement from his national federation.

> Out of race: Every team can enrolled more athletes in each distance out of race (for test, no point, no medal) A special classification will be prepared.

3 -COMPETITION PLACE:

The Competition will be held in: Centro Nuoto Comunale "Gianni Gambi", via Falconieri, 31 Ravenna. Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth 2,10 m. Temperature is 27° C ±1° C.

4 –ENROLEMENTS

The enrolments must be complete the F.I.P.S.A.S. form, available on www.nuotopinnato.it, and must receive

before Saturday 15th march 2008 at the following E-MAIL cednp@tiscali.it.

The inscription fee: €uro 25,00 for club, €uro 6,00 each distance and €uro 14,00 each relay. Fee paid for not-performed races won't be reimbursed. Late enrolments maybe accepted with a fine of €uro 100,00. Also relays must be declared with time on the enrolment forms (even without competitor's names).

N.B. telephone:

F.I.P.S.A.S. Italian Federation +39+06.36858290 – A.S.D. Blu Atlantis Avis Ravenna +39+340.5830643

5 -PRELIMINARY PROCEDURES:

All sport documents of the swimmers will be check on Saturday 29/03/2008 at h. 8:30 AM at the swimming-pool of the Centro Nuoto Comunale "G. Gambi" in via Falconieri Ravenna.

6 – FORFAIT of COMPETITORS:

The team's leader will be announcing the competitor's absent to the judges before h. 8:30 AM of the 29/03/2008. For every swimmer absent in a heat without communication, the club will be liable for a fine of € 50,00.

7 -REGISTERED TIME:

Timekeepers with Electronic System from Federazione Italiana Cronometristi (F.I.Cr.) of Ravenna.

8 – PRIZES:

Medals will be given to the first, second and third competitor in each individual race and relay. Cups will be given to each club. **At the prize-giving each swimmer MUST WEAR his TEAM UNIFORM.**

9 – “CMAS WORLD CUP Round 3” and “GIANNI GAMBI PRIZE”:

Prizes for the CMAS WORLD CUP to the first three clubs in the General Classification. The “**XXII International Gianni Gambi Prize**” will award to the first club in General Classification. Four separate Club Classification will be made also for men, women, boys, and girls.

10 – DOPING CONTROL:

Doping Control follows the rules of CMAS.

11 – RESPONSIBILITY:

A.s.d. Blu Atlantis AVIS, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things, before, during or after the competition.

12 – SPECIAL NOTES:

The present programme could be modified for organization cause.

Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. Swim cap are mandatory.

The organizing club reserved to accept and insert an athlete or a relay at any time at own discretion, in or outside the official classification, on request by the participating club.

Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

13 – VISA:

If you need VISA for enter in Italy, please make contact with Italian federation (F.I.P.S.A.S.) minimum 30 days before the event.

CMAS WORLD CUP PROGRAM

Sabato 29 Marzo 2008 Saturday 29th March 2008		Domenica 30 Marzo 2008 Sunday 30th March 2008	
8.15	Technical Meeting / Meeting Tecnico		
8.15 – 9.00	Warm up / Riscaldamento	8.00 – 8.45	Warm up / Riscaldamento
9.10	Opening Ceremony / Cerimonia d'Apertura	9.00	<ul style="list-style-type: none"> ▪ m. 100 bifins Girls / Boys (Junior F/M) ▪ m. 100 bifins Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ m. 100 surface Girls / Boys (Junior F/M) ▪ m. 100 surface Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ m. 400 surface Girls / Boys (Junior F/M) ▪ m. 400 surface Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p>
9.20	<ul style="list-style-type: none"> ▪ m. 50 apnea Girls / Boys (Junior F/M) ▪ m. 50 apnea Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ m. 800 surface Girls / Boys (Junior F/M) ▪ m. 800 surface Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p>		
14.00 – 14.30	Warm up / Riscaldamento	14.00 – 14.30	Warm up / Riscaldamento
14.40	<ul style="list-style-type: none"> ▪ m. 50 bifins Girls / Boys (Junior F/M) ▪ m. 50 bifins Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ m. 200 surface Girls / Boys (Junior F/M) ▪ m. 200 surface Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ m. 100 immersion Girls / Boys (Junior F/M) ▪ m. 100 immersion Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p>	14.40	<ul style="list-style-type: none"> ▪ m. 50 surface Girls / Boys (Junior F/M) ▪ m. 50 surface Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ m. 200 bifins Girls / Boys (Junior F/M) ▪ m. 200 bifins Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p> <ul style="list-style-type: none"> ▪ relay 4x100 Girls / Boys (Junior F/M) ▪ relay 4x100 Women / Men (Senior F/M) <p style="text-align: center;"><i>Award ceremony / Premiazioni</i></p>
		19.00	Closing Ceremony / Cerimonia di Chiusura



F.I.P.S.A.S.

Federazione Italiana

Pesca Sportiva ed Attività Subacquee

Viale Tiziano, 70 – 00196 Roma – Italy

www.fipsas.it / e-mail: nuotopinnato@fipsas.it



The organization club:

A.s.d. BLU ATLANTIS AVIS

Via Falconieri, 33 – 48100 Ravenna - Italy

www.bluatlantis.it / e-mail: bluatlantis@libero.it

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HOTEL INFORMATION reservation as soon as possible

The Hotels and restaurant of the World Cup:

★ ★ ★	BUDDY'S Restaurant - Pizzeria Rooms and apartments in residence	Ravenna Via Magazzini anteriori, 31 Possibility to sleep in apartments of 4/5 beds Half board Euro 27,00 per person / Only Apartment Euro € 80,00 Meal Euro €7,00 (Pizza and Drink) € 11,00 Fixed Menu 15% of discount on all menu. For further informations: Phone +39348 3665906 Franco Phone +390544 591059 Fax +390544 454987 indirizzo e-mail: buddypizzeria@hotmail.it	Free bus service to swimming- pool. About 2 km from swimming-pool.
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★ ★ ★	Hotel CLASSICANO	Madonna dell'Albero (Ravenna) via Cella, 2 tel. +39. 0544. 408390 / fax +39. 0544.280161 e-mail: ilclassicano@libero.it Full Board Euro 53,00 -Half Board Euro 46,00 (in double/triple rooms) (extra for single room) Meal Euro 10,50	About 1 km from swimming-pool
★ ★	Albergo SMERALDA www.albergosmeralda.it	Lido Adriano (Ravenna) viale Marziale, 31 tel. +39. 0544. 494155 / fax +39. 0544. 455536 e- mail: info@albergosmeralda.it Full Board Euro 40,00 -Half Board Euro 35,00 (in double/triple rooms) (extra for single room) Meal Euro 15,00	
★ ★ ★	Hotel REGINA www.reginahotel.net	Punta Marina Terme (Ravenna) via Fontana, 73 tel. / fax +39.0544. 437148 e-mail: info@reginahotel.net Full Board Euro 42,00 – Half Board Euro 37,00 (in double/triple rooms) (extra for single room) Meal Euro 15,00	
	Ristorante -Pizzeria BRIGANTINO www.ilbrigantino.org	Ravenna - via G.Marconi, 57 tel. +39.0544.402598 e-mail: info@ilbrigantino.org Meal Euro 12,50	About 1 km from swimming-pool